

Worked in Mexico, living in the United States

A one page note from PensionHunter for consular staff and the people they serve.

Where the pension record sits in Mexico

CONSAR, Localiza tu AFORE (AforeWeb)

Source: aforeweb.com.mx, verified 10 August 2026. <https://www.aforeweb.com.mx>

The route from abroad

Finding the account is the easy part. CONSAR's AforeWeb asks only for an eleven digit social security number or an eighteen character CURP and an email address. Everything after that needs a Mexican identity file. CONSAR states that registering an account, or generating the worker identification file every withdrawal depends on, requires attending an AFORE's public attention unit, a biometric signature, a digital handwritten signature, a video of your consent, and proof of address no older than three months. The IMSS weeks of contribution service demands a CURP, the social security number, an email and a mobile number. SARTEL's line is free nationally only. Source: consar.gob.mx and imss.gob.mx, read 4 October 2026.

A deadline we hold for Mexico

An old age, cesantía or invalidity pension must be applied for before the conservación de derechos period expires after leaving insured employment.

Source: gob.mx, read 24 September 2026. https://www.gob.mx/cms/uploads/attachment/file/362897/03-_Aprende_de_pensiones_imss.pdf
Every deadline we hold for Mexico: <https://pensionhunter.ai/deadlines/mexico>

Check your own working life for free

Tell us where you worked. The free check shows which countries may hold a pension for you, and which can be ruled out and why. No sign in, no charge.

Run the free check:

https://pensionhunter.ai/pension-checker?country=mexico&utm_source=consulate&utm_medium=print&utm_campaign=mx-us

No. We identify where a pension is likely held and the official route to it, and we name each source with the date we read it. We do not give financial, tax or legal advice.

Made from our own data, as read up to 4 October 2026. The PensionHunter Team, hello@pensionhunter.ai