

Worked in Vietnam, living in the United States

A one page note from PensionHunter for consular staff and the people they serve.

Where the pension record sits in Vietnam

Vietnam Social Security (VssID)

Source: baohiemxahoi.gov.vn, verified 7 June 2026. <https://baohiemxahoi.gov.vn/>

The route from abroad

The free route is the portal, and it stops at a phone. The participation history lookup asks for province, social insurance office, a date range, your full name, your identity document number, your social insurance number, a captcha and a Vietnamese mobile number, then sends a one time code to the number already registered with the social insurance agency and will not run until that code is entered. A second lookup demands the social insurance number and a citizen identity card number together. The online services index lists sixty seven services but states no account or identity rules. There is no English version of the authority's site. Source: baohiemxahoi.gov.vn, read 4 October 2026.

A deadline we hold for Vietnam

Decree 143/2018/ND-CP sets the window for a foreign employee's one-off social insurance payment at ten days counted to the end of the labour contract or the expiry of the work permit, with the dossier translated into Vietnamese and certified.

Source: baohiemxahoi.gov.vn, read 4 October 2026. <https://baohiemxahoi.gov.vn>

Every deadline we hold for Vietnam: <https://pensionhunter.ai/deadlines/vietnam>

Check your own working life for free

Tell us where you worked. The free check shows which countries may hold a pension for you, and which can be ruled out and why. No sign in, no charge.

Run the free check:

https://pensionhunter.ai/pension-checker?country=vietnam&utm_source=consulate&utm_medium=print&utm_campaign=vn-us

No. We identify where a pension is likely held and the official route to it, and we name each source with the date we read it. We do not give financial, tax or legal advice.

Made from our own data, as read up to 4 October 2026. The PensionHunter Team, hello@pensionhunter.ai